

# KNIGHTLINE

NOVEMBER 2019 | Volume 1



## A NOTE FROM THE PRINCIPAL

It has been a busy fall at Hellgate. Thanks for taking a bit of time to read the reintroduction of our monthly communication project the "Knight Line." We started the year with a finished building and a lot of excitement. Over the past 3-months we have accomplished a lot: Freshman parent BBQ, Freshman Day, start of school, Homecoming, and a lot of learning. Our Knights have demonstrated successes all over the state. We have: participated with Foreigner at the Amphitheater, marched in a parade, swarmed cross country track meets with an enormous group of kids, demonstrated success on the courts, soccer fields, and football stadiums. Most importantly our students, staff, and community participate in our goal to create a safe and welcome learning environment every day. It is your support and the deep ties to our community that make Hellgate such a special school. I am excited to see many of you on November 12th and 13th for conferences. Enjoy the Knight Line and thank you for your contribution to Hellgate High School!



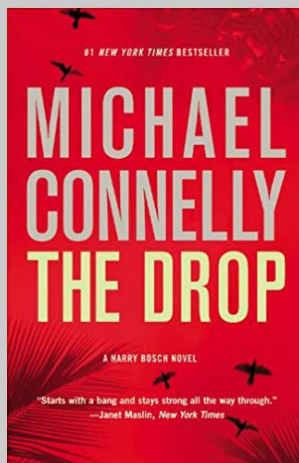
Judson Miller



## THE LIBRARY IS OPEN!

After three years of planning and construction, your Hellgate High School Library has opened its doors to students and staff! We'd like to take this opportunity to thank Missoula and the Hellgate Community for passing the bond and supporting us during the move. It feels so right to have the library accessible in the center of the school! We believe the design is multi-functional and has inviting spaces where students can learn collaboratively or independently. The library is surrounded by books, has two computer labs, a soft-seating gathering area, table/study space, and a lecture hall dubbed the Knight Hall. The library is open school days from 7:00-4:00. *Come Visit!*

## STAFF PICK OF THE MONTH



I love Michael Connelly novels. The main character in most of his novels, Harry Bosch, is a tough detective who has shifted through the LAPD through the robbery homicide division to cold case investigation. His motto is "Everybody counts or nobody counts." As a teacher, I can relate to that.

The Drop is a novel that tests Detective Bosch as he is requested to investigate the strange death of the son of an antagonist of the LAPD and now city council member. The title of the book has a double meaning in the novel. It's a good read.

**Jeff Dohn, Mathematics**

**Check out our new arrivals every month in the library!**

## Contents

A NOTE FROM THE PRINCIPAL	1
THE LIBRARY IS OPEN!	1
STAFF PICK OF THE MONTH	1
CLASSROOM NEWS	2
UPCOMING EVENTS	2
CLASSROOM NEWS	3
FAMILY RESOURCE CENTER	4
FEATURED CLASSROOM	4
COUNSELOR UPDATE	5
KNIGHTS OF THE MONTH	6
WELLNESS CORNER	7
STAFF KNIGHT OF HONOR NOMINATIONS	7
CHECKING Q	7
FLAGSHIP	8
STUDENT ACHIEVEMENTS	9
MBI TARGET BEHAVIORS	10
BULLETIN BOARD	10

## CLASSROOM NEWS



Michelle Beatty *Mathematics*

My Geometry classes have been studying Transformations. As an application of transformations, students created tessellation designs. Their artwork is displayed in my classroom. Here are a couple images of that work.



## NOVEMBER

## UPCOMING EVENTS

- 4 MONDAY**  
Winter Sports Info Night  
6:30pm - Commons
- 7 THURSDAY**  
Sleepy Hollow Play  
7:30 - 9:00pm - Auditorium
- 8 FRIDAY**  
Sleepy Hollow Play  
7:30 - 9:00pm - Auditorium
- 9 SATURDAY**  
Sleepy Hollow Play  
7:30 - 9:00pm Auditorium
- 11 MONDAY**  
AA Choral Festival  
7:00pm - Rothwell Theater
- 12 TUESDAY**  
Parent/Teacher Conferences  
4:00 - 7:00PM - Hellgate  
  
AA Choral Festival  
7:00pm Rothwell Theater
- 13 WEDNESDAY**  
Parent/Teacher Conferences  
4:00 - 7:00PM - Hellgate
- 15 FRIDAY**  
NO SCHOOL
- 21 THURSDAY**  
WMS/Wind Ensemble  
7:00pm - Rothwell Theater
- 27 WEDNESDAY**  
Thanksgiving Break  
NO SCHOOL
- 28 THURSDAY**  
Thanksgiving Break  
NO SCHOOL
- 29 FRIDAY**  
Thanksgiving Break  
NO SCHOOL
- 30 SATURDAY**  
Hellgate Art Show  
Frame of Mind Gallery  
1706 Brooks Street



# CLASSROOM NEWS

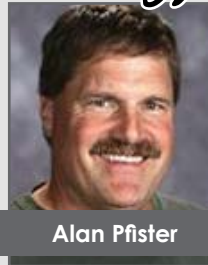
## Industrial Technology



Brian Hoover



Chip Rinehart



Alan Pfister

Last week was construction week so we had a number of guest speakers present to the Building Trades, Welding, and Technical Design classes. The guest speakers talked about a number of items including the services their businesses offer, the growing state of the construction industry, and the importance of the trades. They also talked at length about the opportunities for high school students like job shadows and junior apprenticeship programs as well as what kind of technical skills and soft skills they would need to be successful.

The following Guest Speakers Presented:

- Bill Fritz who is the operations manager for Jackson Contracting Group
- Stan Dugdale who is the division manager from FirstMark Construction
- Michelle Cohens who works in Human Resources for Sletten Construction
- Derek Hitt who is a Union Organizer with the Montana Carpenters Local 82
- Cody Morritt who is a project manager at Sletten Construction
- Christina Landry-account executive ATS Facility Systems
- Jared Swartz-Mechanical Engineer/Vice President for ACE Inc (Associated Construction Engineering).

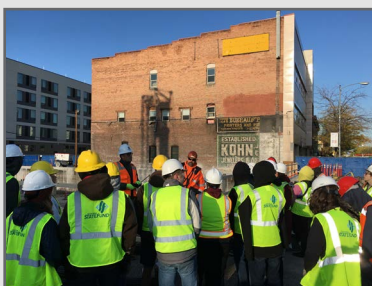
We also toured two large job sites downtown:

During periods 2-4, we took about 60 students on a tour of a few downtown construction sites. We met Cullen Swatosh and Mark Umile with Sirius Construction Inc. at the Radio Central Building project and Forrest Senterfeit with Dick Anderson Construction at the new AC Marriott Hotel Project at the Corner of Main and Pattee where the old firestone building was located. Both groups learned about the kind of work being done at each site and about careers in the trades and construction.

In order to tour the job sites, each student had to have a full complement of Personal Protective Equipment. This equipment was donated by a number of sources including Montana State Fund Grant program, RDO, Montana Glass, Norco, and the Montana Contractor's Association. These companies donated everything from safety glasses to hard hats to hi visibility vests.



Forrest Senterfeit from Dick Anderson Construction explaining the construction process while students looking South over the open pit



Forrest Senterfeit from Dick Anderson Construction describing the project while students look West over the open pit towards the East Face of the Radio Central Building



Tour group dressed in Donated Personal Protective Equipment (PPE)



Cullen Swatosh talking to students on the top floor of the Radio Central Building



Michelle Cohens from Sletten Construction talking to students about career opportunities in the trades

# FAMILY RESOURCE CENTER

Welcome to Fall! For those of you who don't know me, my name is Tracy Ledyard. I am the School Social Worker here at Hellgate as well as the Family Resource Center (FRC) Coordinator. My office is conveniently located near the main entrance and accessible to students throughout the school day. The FRC has the following available:

- School supplies
- Toiletries
- Snacks and Food pantry
- Clothing and shoes

If you would like to access me or the room for resources, you can contact me via phone or email and we can set up a time for you to come in.

You can find us in room 164D!

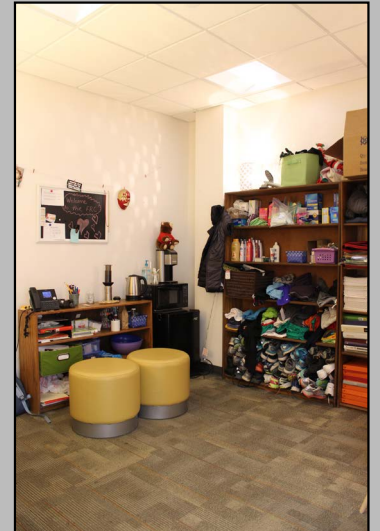
I am here as an added support for students and families and help connect you to the wide range of resources available in the building and the community. We also have a number of available copies of the book, "Parenting Teens with Love and Logic" by Foster Cline, MD and Jim Fay. This book is full of simple and applicable advice and techniques to help communicate with your teen and prepare them for adulthood. Let us know if you'd like to check one out to read!

**FRIDAY FOOD BAGS** are available for students to grab Friday afternoons. These are provided through Missoula Food Bank and contain small grab and go food for the weekend if needed. Fresh fruit is also included! These are available outside room 164D. No sign-up required.

**How to contact me:** School social worker/FRC coordinator Tracy Ledyard at 728-2400 ext 6062. [taledyard@mcps.k12.mt.us](mailto:taledyard@mcps.k12.mt.us)



Tracy Ledyard



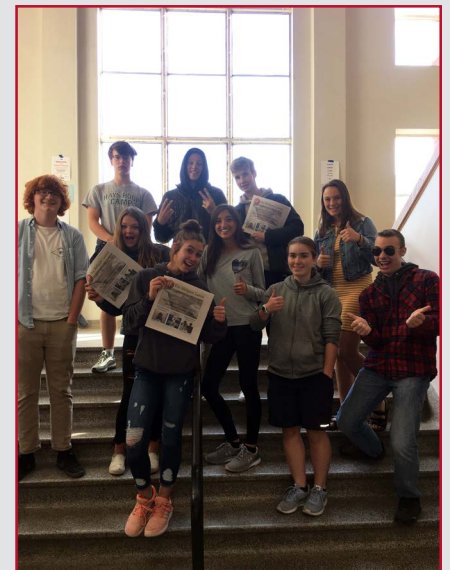
## FEATURED CLASSROOM *Journalism*



Jill Derryberry

Hellgate's Journalism program is off to a strong start this year. Students in Introduction to Journalism are already budding journalists. We started the year by examining the role of story in our lives and the power of questions. Students just finished writing a series of stories around questions about Hellgate. As new reporters, they learned how to conduct research using credible sources with the help of our librarians. In addition, they conducted multiple interviews and noted factual observations, learning how to use these sources in writing stories with varied purposes.

Led by student editor-in-chief Luke O'Connell, students in Newspaper are publishing online stories every week in addition to a monthly Hellgate Lance print edition. Visit [hellgatelance.com](http://hellgatelance.com) to find students' stories about news, arts and entertainment, and sports and activities, in addition to the Joust Cast podcast and links to the print edition.





# COUNSELOR UPDATE

## How to Navigate November:

With the celebration of Halloween we kicked out October and welcomed November with it's colder weather, sweaters and turkeys! Sometimes along with the shortened sunlight we experience sadness. If someone you know seems extra sad this season, let them know you care. Ask them if they are having thoughts of suicide and then help them get to a caring adult/mental health professional. That goes for you too! Asking for help is the best role modeling we can provide our students. Last week we provided a depression screener to our Health 1 students as part of their mental health unit. Ask your students what they learned!



## Scholarships

[District Scholarship Webpage](#)

Feature scholarship:

[US Senate Youth Scholarship:](#)

Students must be juniors and seniors and in student government. This is a \$10,000 scholarship that includes a one-week, all-expense-paid trip to Washington, D.C., in March.

## RESOURCES



CRISIS TEXT LINE |

Text MT to 741-741  
A free, 24/7 text line

## LOOKING FOR MENTAL HEALTH RESOURCES?

CALL, TEXT OR CHAT

24 HOURS A DAY: 7 DAYS A WEEK: 365 DAYS A YEAR:

FREE: CONFIDENTIAL



Are you a young person of color?

Feeling down,  
stressed or  
overwhelmed?

Text STEVE to  
741741



# SEPTEMBER KNIGHTS OF THE MONTH

SENIOR



Sierra embodies what it means to be a Knight in its entirety. Sierra is involved in sports, rigorous classes, and is always willing to lend a hand. She is kind to students and staff alike and a truly awesome girl!

*Sierra Tai Browlee*

SENIOR



I like his attitude. He is always up beat and does not complain. Aden will work with anyone and give each task an honest try.

*Aden Owens*

JUNIOR



Haiden is a sweet girl. She is quiet and unassuming and very dedicated to doing her best. She came to open house with her parents and is clearly invested in her education!

*Haiden Munden*

JUNIOR



Nina shows daily how much she desires to learn. She asks great questions in class and drives the discussion in group work.

*Nina Erving*

SOPHOMORE



He is positive; he almost always has a smile on his face. He is eager to learn and ask questions. Kaden is a pleasure to have in class.

*Kaden Midgett*

SOPHOMORE



Henry is a very conscientious student and is a role model to his fellow students. I enjoy having Henry in class because he is friendly and outgoing but knows when to be serious.

*Henry Black*

FRESHMAN



Grey is unfailingly polite to all of his classmates and works diligently in class every day.

*Grey Gilhouse*

FRESHMAN

Shows up to class early and excited to learn. She participates in group and individual work enthusiastically.

*Lilly Colyer*

# WELLNESS CORNER

We are in the thick of school and the daily stress is likely already taking a toll on you. Check out the list of self-care options and see if you can intentionally try a different one each week.

## Body

- Drink enough water daily
- Eat regularly to stabilize blood sugar
- Breathe deeply, slowly, and intentionally for 1-2 minutes
- Do literally nothing but rest on a break, no matter how small the break

## Mind

- Take breaks from technology and notify people in advance.
- De-clutter things that don't bring you joy
- Do nothing for two minutes and give your mind a rest.
- Delegate responsibilities whenever possible

## Emotions

- Find things and people that make you laugh.
- Set aside alone time to reflect and reconnect with yourself
- Set boundaries to protect yourself from over committing
- File away thank you card and compliments to look back on when needed

# CHECKING Q

On-line grading programs like Q provide convenience and real-time access for monitoring student success. Parents can follow progress and detect problems before they spin out of control. However, intense parental focus can create anxiety and shift the responsibility for academic performance from the student to the parent. In high school, students have the opportunity to learn tools to become independent and responsible adults. By allowing them to monitor their performance, advocate for themselves and develop organizational skills, parents can help their students transition successfully from high school to college and career life.

- Allow time for your child to come to you with poor grade results.
- Encourage your child to speak to their teachers if they don't understand material or their grades.
- Make sure you have selected "Show All" in Q to ensure you get a full list of assignments.



# STAFF KNIGHTS OF HONOR

Knight of Honor nominees are staff members recognized by their colleagues each month. The first two nominees drawn in the staff meeting receive prizes. However, all receive recognition for their contributions to making Hellgate great!



Jeff Dohn

"Jeff is a great department head who always looks to take care of his fellow teachers by doing the little things that make our jobs easier. Jeff also shares that same compassion for his students with his efforts to reach them emotionally and academically."



Ashley Gaumer

"for her generosity, humor, and drive. You are a woman wise and calm beyond your years."

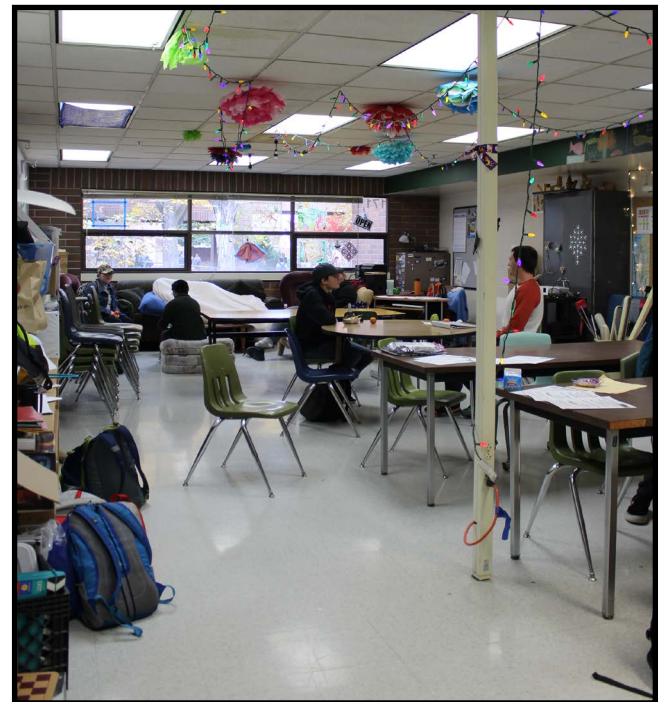
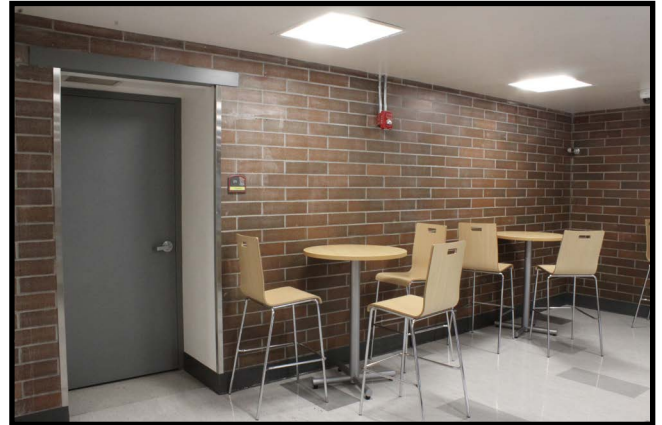
## NOMINEES

- |  |                    |
|--|--------------------|
| • Melissa Henthorn                               | • Brian Hoover     |
| • Courtney Christopher                           | • Alan Pfister     |
| • Willow Affleck                                 | • Jeff Dohn        |
| • Jill Derryberry/Lew Procacci/Jessica Gustafson | • Eric Ojala       |
| • Rhian Clark                                    | • Ashley Gaumer    |
| • Britt Hanford                                  | • Susie Bageant    |
| • Nick Greener                                   | • Tyson Warner     |
| • Beth Cole                                      | • Joe Slemberger   |
| • Milton Zhinin-Barreto                          | • Lisa Moser       |
| • Margie Allen                                   | • Natalie Morton   |
| • Caroline Lurgio                                | • Linda Cordial    |
| • Carla Hinman                                   | • Maureen Ojala    |
|  | • Mick Morris      |
|  | • Lindsey Thompson |



# FLAGSHIP

The Flagship Program offers free after school programming every day of the week. Programs include tutoring, art creation, Anime Club, Rock Climbing Club, Dungeon & Dragon RPGs and many more! Meet in the Flagship Room (171).



## Tutoring Schedule

MONDAY	3:00-5:00 Algebra and Geometry Chemistry and Biology English and Writing
TUESDAY	3:00-5:00 Algebra and Geometry English and Writing History
WEDNESDAY	3:00-5:00 Algebra and Geometry Chemistry and Biology
THURSDAY	3:00-5:00 Math to Pre-Calculus Chemistry and Biology

## Fall Flagship Activity Schedule | September 23 - December 6

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	<ul style="list-style-type: none"> <li>Lunch Club</li> </ul>	<ul style="list-style-type: none"> <li>Lunch Club</li> <li>Chess Club (room 263)</li> </ul>	<ul style="list-style-type: none"> <li>Lunch Club</li> <li>Office Hours (12:39 - 1:23pm)</li> </ul>	<ul style="list-style-type: none"> <li>Lunch Club</li> <li>American Sign Language Club (room 152)</li> </ul>	<ul style="list-style-type: none"> <li>Lunch Club</li> <li>Feminist Fridays Sponsored by GRITS</li> </ul>
After School	<ul style="list-style-type: none"> <li>Kid's Table Snack</li> <li>Gladiators</li> <li>Tutoring</li> </ul>	<ul style="list-style-type: none"> <li>Kid's Table Snack</li> <li>Art Creation Class</li> <li>Tutoring</li> </ul>	<ul style="list-style-type: none"> <li>Kid's Table Snack</li> <li>Anime Club</li> <li>Tutoring</li> </ul>	<ul style="list-style-type: none"> <li>Kid's Table Snack</li> <li>Dungeons &amp; Dragons Role Playing Games</li> <li>Rock Climbing Club</li> <li>Coding Club</li> <li>Tutoring</li> </ul>	<ul style="list-style-type: none"> <li>Kid's Table Snack</li> <li>Bad Movie Club</li> </ul>



# STUDENT ACHIEVEMENTS

These are the 2019 All-State musicians from Hellgate High School. These students auditioned and were selected as the top student musicians in the State of Montana. They traveled to Billings, rehearsed for 2 1/2 days and presented a final concert of music on Friday, October 18, 2019



All-State Band Students

## Orchestra

Ace Chao	Violin
Aidan Duffield	Violin
Annie Sweatland	Viola
Ashey Kim	Violin II
Chloe Caldwell	Violin II
Duncan Babbitt	Viola
Gabe Kantor	Violin II
Grace Gibson Snyder	Cello
Hannah Rafferty	Viola
John Paul Toney	String Bass
Josey Macdonald	Cello
Liam Queneau	Violin II
Liam Vetter	Cello
Madison Butler	Violin
Maia Decker	Viola
McKenna Quirk	Violin II
Quinn Bennett	Viola
Rylee Owens	Violin
Susan Sirrs	String Bass

## Choir

Alexa Chavez-Aguirre	Alto 2
Bella Wright	Alto 1
Brianne Stube	Soprano 2
Camilo Green	Bass 1
Caydance Wilson	Soprano 2
Delfino Forrest	Bass 2
Ella Kurtz	Alto 1
Gabe Rayle	Bass 1
Gwyn Noah	Soprano 1
Haiden Munden	Alto 2
Isaac Zavarelli	Bass 1
Justin James	Tenor 2
Lucia Garr	Soprano 2
Marrin Kolczak-Hardy	Soprano 2
Mason Martin	Tenor 1
Matthew Miller	Bass 2
Ryan Hanks	Tenor 2
Scott Larson	Tenor 2
Thomas Huguet	Bass 2
Zia Kloetzel	Alto 2

## Band

Simon Hickey	Percussion
Abbey Flynn	Clarinet
Braden Collard	Alto Sax
Oscar Duffield	French Horn
Eliot Woods	Alto Sax
Ellana Ursery	Bassoon
Elliott Harris-Musack	Trombone
Gabe Gray	Trumpet
Isabel Emmert-Nolte	Bassoon
Julian Bain	Clarinet
Marshall Soffich	Euphonium
Maya Ward	Clarinet
Nicholas Woods	Trumpet
Nick Monsos	French Horn
Taylor Thomas	Clarinet
Veronica Stimpfling	Alto Sax/ Soprano
Patrick Maart	Tuba
Rachel Suter - Orchestra	Flute
Mara Parks	Tuba

# Hellgate High School

# MBI TARGET BEHAVIORS

BE SAFE | BE RESPECTFUL | BE RESPONSIBLE | BE A GRADUATE | BE A KNIGHT

OCTOBER

## WHAT A CARING TEACHER SAYS AND DOES

*Results from the office hours in-class MBI teach*

### What a Caring Teacher Says...

- "Do you need help?"
- Greeting at the door
- "I am here for you!"
- Any and all feedback on work
- "How can I help?"
- "How is your day going/how are you?"

### What a Caring Teacher Does...

- Listens about concerns with the class
- Listens to student questions
- Shows interest in the student personally
- Makes class engaging to show they want to do well at teaching
- Helps
- Talks to students one-on-one

## BULLETIN BOARD

Check out the latest clothing styles from the Booster Club!

You can buy Booster Club items Wednesday during lunch in the Knight Hall!